



Enriching Lives:  
Unlocking Potential

9<sup>th</sup> December 2019

Dear Parents,

We have had notification of a child being diagnosed with hand, foot and mouth disease. This is usually a mild infection with ulcers in the mouth and a red blotch or blistering rash on the hands, feet and possibly buttocks. Although most cases are mild, this disease is infectious and is spread by direct contact with faeces, nose and throat discharges or respiratory droplets. The incubation period is usually three to five days during which time the person will be infectious.

We always encourage good hygiene practices with the children including regular hand washing and disposing of dirty tissues. Could we please ask that you are observant to the signs and symptoms of this disease? Information about these can be found at [www.nhs.uk](http://www.nhs.uk). If you suspect that your child is ill or is displaying any of the symptoms please do not bring them into school until they are well.

If you have any concerns about your child's health then please see your general practitioner.

Yours sincerely

Mr T Twort  
Headteacher

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