Week 1

FOOD By Aspens



EVENT

10/3, 31/3, 14/4,

MONDAY

Autumn Winter

4/11, 25/11,

2/9, 23/9, 14/10,

16/12, 6/1, 27/1

2024-25:

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Margherita Pizza Slice and Wedges

Chicken Tikka Curry

Roast Chicken, Stuffing, **Roast Potatoes** and Gravy

Sticky Chinese Chicken Noodles

Golden Fish Fingers or Salmon Fingers and Chips



MEAT-FREE Veggie Dish

Veggie Pepper and Sweetcorn Pizza Slice with Wedges

> Veg Samosa Style Pie

Quorn Sausage, **Roast Potatoes** and Gravy

Spanish Omelette and Herby Diced **Potatoes**

Veggie Burger and Chips



RAINBOW

Vegetables and Salads

Sweetcorn

Kachumber Salad and Wholegrain Rice

Peas and Carrots

Green Beans

Baked **Beans**



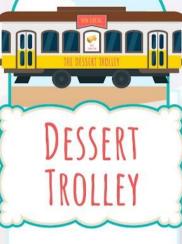
Cheese or Beans

Cheese or Beans

Cheese or Beans

Cheese or Beans

> Cheese or **Beans**



Toffee Frozen Yoghurt

Sweet Potato Brownie

Forest Fruits Jelly Pots

Cookie Dough Apple Crumble

Jammy **Thumbprint Biscuits**





Week 2

FOOD By Aspens



9/9, 30/9, 21/10, 23/12, 13/1, 3/2 EVENT

24/2, 17/3, 31/3,

2024-25:

11/1, 2/12,

MONDAY

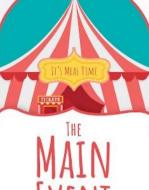
Autumn Winter

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cheesy Tomato Pizza Muffins

Chicken Chimichangas

Roast Chicken, Stuffing, **Roast Potatoes** and Gravy

Butter Chicken Wholegrain Pilaf Rice

Battered Fish and Chips



MEAT-FREE Veggie Dish

BBQ and Sweetcorn Pizza Slice

Veggie **Enchiladas**

Cauliflower Cheese, **Crispy Onion Topping** & Roast Potatoes (You don't have to have the onions)!

Aloo Gobi **Cauliflower Potato** Curry

Cheese and **Tomato Toasted** Wrap with Chips



Vegetables and Salads

Wholegrain Pasta Salad and Green Salad

> Rice and Sweetcorn

Mixed Greens

Peas

Baked Beans



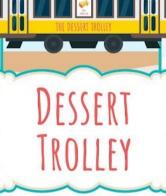
Cheese or Beans

Cheese or Beans

Cheese or Beans

Cheese or Beans

Cheese or **Beans**



Toffee Apple Sponge and Custard

Chocolate Sprinkle Iced Cake

Raspberry **Coconut Jelly**

Fresh Fruit Salad

Anzac **Biscuits**





Week 3

FOOD By Aspens

Autumn Winter

2024-25:

20/1, 10/2

MONDAY

TUESDAY

WEDNESDAY

3/3, 24/3, 7/4,



16/9, 7/10, 28/10, 18/11, 9/12, 30/12,

EVENT

American Style Macaroni Cheese

> Jerk Chicken Wraps and Wedges

Roast Chicken, Stuffing, **Roast Potatoes** and Gravy

South African Beef **Bobotie with Rice**

Golden Fish Fingers or Salmon Fingers and Chips



MEAT-FREE Veggie Dish

Veggie Wholegrain Pasta Bolognese

Greek Pitta Pocket with Feta. Hummus, Salad and Wedges

Carrot and **Stuffing Pastry** Plait

Fruity Sweet Potato Tagine with Rice

Vegetable Fingers and Chips



Vegetables and Salads

Carrots

Roast Root Veggies

Peas and Sweetcorn

Broccoli

Baked Beans



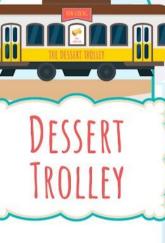
Cheese or Beans

Cheese or Beans

Cheese or Beans

Cheese or Beans

Cheese or **Beans**



Marble Cake

Apple, Cinnamon Raisin Flapjacks

Orange and Mango Jelly

Banana Bread Muffins

Gingerbread Cookies





FRIDAY

THURSDAY